Making a Difference, One Child at a Time

Children’s Services Council
Martin County
“Investing In Our Future”

Annual Report 2015-2016
We all want to make a difference in the world; we all want our time here to have mattered; and we want to be remembered. We want to mean something to those that we encounter throughout our lives.

It seems to me that the best use of our lives is to create a legacy, both in our families and in our communities. Many do that with their charitable giving; some do that by becoming prominent in some way that makes them recognizable and revered for their work. This is particularly true for filmmakers, actors, authors, business leaders and political figures.

The majority of us, however, lead successful but ordinary lives that few will remember beyond our families. Our children are often seen as our contribution to the life that we leave behind. If we are successful as parents, we have successfully passed on our ideals, our compassion, our generosity and our love to the next generation. As such, we have in a small way, “made a difference” for those that come next.

On the community level, the notion of making a difference one child at a time is an effective, methodical formula for changing the world. The Children’s Services Council of Martin County has for many years embraced an approach that invests early in the lives of our community’s children. The Council has invested in systems of care that support young families and enhances opportunities for education and enrichment for all children.

In Martin County approximately 1,250 children will be born this year. As these children grow, they will each benefit from nurses providing home visitations, developmental supports, mental health supports, oral health supports, early childhood education, and after-school enrichment. The community programs and systems of care that are supported in Martin County give our children a jumpstart that has the potential to provide them with momentum all of their lives. They will grow up to make a contribution to all of us; they will buy cars and homes; they will share skills and grow businesses; they will pay their fair share of society’s burdens; and yes, they will leave positive legacy’s behind as they pass on from this world. They will join the ranks of difference makers just as each of us hopes.

The decision to invest a portion of our community’s collective resources in our children is a legacy that will pay long-term dividends and be remembered for generations of children to come. Thank you for making a difference in Martin County…One Child at a Time.
About CSCMC

The Children’s Services Council of Martin County, an independent special district, was created by voter referendum in 1988 and reauthorized in 2014 to provide a dedicated funding source for local children’s programs. The Council funds programs that provide a healthy foundation for children, create strong, supportive families, foster a safe community and offer children opportunities for success in school and life. Learn more at www.cscmc.org.

The Council is composed of ten (10) members:

Five (5) ex-officio Council Members (appointed by virtue of their office or position), including:
- Juvenile Court Judge
- Member of Martin County Board of County Commissioners
- Member of Martin County School Board
- Circuit 19 Administrator of the Florida Department of Children and Families or his/her designee
- Superintendent of Martin County Schools

and

Five (5) Florida Governor’s appointees to serve terms of (4) years each.

Council Members

William Tulko, Council Chair, Governor’s Appointee
Deena Messinger, Council Vice-Chair, Governor’s Appointee
Christia Li Roberts, Council Treasurer, Martin County School Board Member
Jody Bond, Governor’s Appointee
Honorable Judge Laurie E. Buchanan, 19th Judicial Circuit Court of Florida
Elmira R. Gainey, Governor’s Appointee
Laurie Gaylord, Superintendent of Martin County Schools
Sarah Heard, Martin County Board of County Commissioners
Laurel Hopper, Designee of the Florida Department of Children and Families

Our mission is to enhance the lives of the children of Martin County and to enable them to attain their full potential.
## Agencies & Programs Funded 2014–2015

### I. HEALTHY CHILDREN

<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>Program</th>
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<tbody>
<tr>
<td>Helping People Succeed</td>
<td>Building Readiness Among Infants Now (BRAIN) Program</td>
</tr>
<tr>
<td>Martin County Health Department</td>
<td>School Health Program</td>
</tr>
<tr>
<td>Martin County Healthy Start Coalition</td>
<td>Healthy Start Matching Funds</td>
</tr>
<tr>
<td>Martin County Healthy Start Coalition</td>
<td>Healthy Start Services</td>
</tr>
<tr>
<td>Project L.I.F.T.</td>
<td>Project L.I.F.T.</td>
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<tr>
<td>Tykes &amp; Teens</td>
<td>General Mental Health</td>
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<td>Tykes &amp; Teens</td>
<td>Prevention Services/Project Northland</td>
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<tr>
<td>Tykes &amp; Teens</td>
<td>Youth Enrichment Services (YES)</td>
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### II. STRONG FAMILIES

<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>Program</th>
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<tbody>
<tr>
<td>ARC of Martin County</td>
<td>Alternative Behavioral Learning Environment (ABLE) Program</td>
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<tr>
<td>CASTLE</td>
<td>Safe Families</td>
</tr>
<tr>
<td>CASTLE</td>
<td>Valued Visits</td>
</tr>
<tr>
<td>Helping People Succeed</td>
<td>Healthy Families Martin Match</td>
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<tr>
<td>Martin County Healthy Start Coalition</td>
<td>Father &amp; Child Resource Center</td>
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<tr>
<td>Whole Child Connection</td>
<td>Whole Child Connection</td>
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### III. SAFE COMMUNITIES

<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of Stuart Community Services Department, East Stuart Youth Initiative</td>
<td>ESYI-Tykes &amp; Teens ALTOSS Program</td>
</tr>
<tr>
<td>City of Stuart Community Services Department, East Stuart Youth Initiative</td>
<td>ALTOSS = Alternative to Out-of-School Suspension</td>
</tr>
<tr>
<td>Martin County Parks &amp; Recreation Department</td>
<td>ESYI-City of Stuart Police Intervention Program</td>
</tr>
<tr>
<td>SafeSpace</td>
<td>Swimming Provides Learners with Aquatics Safety and Health (S.P.L.A.S.H.)</td>
</tr>
<tr>
<td>YMCA of the Treasure Coast</td>
<td>SafeSpace Prevention Program</td>
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<tr>
<td></td>
<td>Swimming Provides Learners with Aquatics Safety and Health (S.P.L.A.S.H.)</td>
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### IV. SUCCESS IN SCHOOL AND LIFE

#### A. READY FOR SCHOOL

<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dunbar Center</td>
<td>Early Head Start Match</td>
</tr>
<tr>
<td>Early Learning Coalition of Indian River, Martin and Okeechobee Counties</td>
<td>ELC Match</td>
</tr>
<tr>
<td>Easter Seals Florida</td>
<td>Treasure Coast Early Steps Program (TCES)</td>
</tr>
<tr>
<td>Helping People Succeed</td>
<td>Children's Behavioral Support Program (CBS)</td>
</tr>
<tr>
<td>Helping People Succeed</td>
<td>Developmental Intervention Program</td>
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#### B. YOUTH DEVELOPMENT / ACADEMIC SUPPORT

<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>Program</th>
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<tbody>
<tr>
<td>Big Brothers Big Sisters of Palm Beach and Martin Counties</td>
<td>Start Something</td>
</tr>
<tr>
<td>Boys and Girls Clubs of Martin County</td>
<td>High Yield Learning Program</td>
</tr>
<tr>
<td>Boys and Girls Clubs of Martin County</td>
<td>Summer Slide Prevention Program</td>
</tr>
<tr>
<td>City of Stuart Community Services Department, East Stuart Youth Initiative</td>
<td>ESYI-Boys &amp; Girls Clubs of Martin County</td>
</tr>
<tr>
<td>Martin County Parks &amp; Recreation Department</td>
<td>After School/Out of School (AS/OS)</td>
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<tr>
<td>Martin County Parks &amp; Recreation Department</td>
<td>Banner Lake After School Time (B.L.A.S.T.)</td>
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<tr>
<td>Martin County Parks &amp; Recreation Department</td>
<td>Parks, Leisure, Arts, Culture and Education (P.L.A.C.E.)</td>
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<tr>
<td>Martin County Parks &amp; Recreation Department</td>
<td>Residents Empowering All Children's Hope (R.E.A.C.H.)</td>
</tr>
<tr>
<td>YMCA of the Treasure Coast</td>
<td>Strong Families Program</td>
</tr>
<tr>
<td>YMCA of the Treasure Coast</td>
<td>YREADS! Wrap Around After School Program</td>
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</tbody>
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Demographics/Spending Breakdown 2014-2015

Demographics by Age

- Prenatal
- 0-2yrs
- 3-5yrs
- 6-8yrs
- 9-11yrs
- 12-15yrs
- 15-18yrs

Total Number Served

- Adults: 2,650
- Children: 8,558

Demographics by Race

- Black: 17%
- Two or More: 6%
- Unknown: 7%
- White: 64%

Demographics by Neighborhood

- Hobe Sound: 1,120
- Indiantown: 1,539
- Jensen Beach: 967
- Palm City: 1,284
- Port Salerno: 442
- Sewall's Point: 31
- Stuart: 5,758
- Tequesta: 38
- Other: 29

Funding by Priority Area

- Healthy Children: $1,327,241
- Strong Families: $771,414
- Safe Communities: $214,039
- Success in School & Life: $2,426,236
Audited Financial Statement/Spending Breakdown

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Revenues:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ad Valorem Taxes</td>
<td>$6,168,566</td>
<td>$6,202,641</td>
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<tr>
<td>Grants &amp; Rental Income</td>
<td>$70,411</td>
<td>$67,069</td>
</tr>
<tr>
<td>Interest Income</td>
<td>$3,375</td>
<td>$31,753</td>
</tr>
<tr>
<td><strong>Total Revenues:</strong></td>
<td>$6,242,352</td>
<td>$6,301,463</td>
</tr>
<tr>
<td><strong>Expenditures:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services</td>
<td>$4,766,528</td>
<td>$4,890,151</td>
</tr>
<tr>
<td>General Government</td>
<td>$963,915</td>
<td>$959,650</td>
</tr>
<tr>
<td>Capital Outlay</td>
<td>$12,183</td>
<td>$12,504</td>
</tr>
<tr>
<td><strong>Total Expenditures:</strong></td>
<td>$5,742,626</td>
<td>$5,862,305</td>
</tr>
</tbody>
</table>

% EXPENSES - FISCAL YEAR ENDING 09/30/2015

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>87.8%</td>
</tr>
<tr>
<td>Operating Costs (Administration &amp; Communications)</td>
<td>8.6%</td>
</tr>
<tr>
<td>Collection Fees (Tax Collector, Property Appraiser, etc.)</td>
<td>1.6%</td>
</tr>
<tr>
<td>Reserves</td>
<td>2.0%</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSE</strong></td>
<td>100.00%</td>
</tr>
</tbody>
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Return on Investment

Many agencies leverage funds administered by the Children’s Services Council to draw down state and federal dollars that otherwise would not come into Martin County:

- Dunbar Center • $470,507
- Early Learning Coalition • $1,835,556
- Helping People Succeed • $864,815
- Martin County Healthy Start • $147,900

TOTAL LEVERAGED FUNDS in 2014-2015: $3,318,778
Looking Ahead to Healthier Children in Martin County

In 2016 the Children’s Services Council of Martin County granted $545,447 to improve children’s health in Martin County.

Beginning July 1, 2016, Light of the World Charities will receive $175,434 for the Little Lights Dentistry Program, which will provide a dental home for 600 children and dental services for children with acute, unmet dental needs.

Children are identified for this program through the dental sealant program administered by the Florida Department of Health in Martin County.

The Council also approved a request from the Florida Department of Health-Martin County for 2 additional Registered Nurses and a Health Support Specialist to augment nursing coverage in Martin County Schools.

Currently, there are 8 Registered Nurses overseeing all 22 schools in the district, which puts the nurse-to-student ratio at 1 nurse per 2,600 students. The 2 additional nurses will help bring that ratio down to 1 nurse per 2,150 students.

Other programs that were funded through the Council’s Healthy Children Funding Priority include:

- Adding a Child-Parent Psychotherapist and an Alcohol Literacy Challenge Program for Tykes & Teens
- The addition of Oral Health components to the BRAIN Bags at Helping People Succeed
- A Breastfeeding Coordinator for the Florida Department of Health - Martin County
- A new curriculum for Martin County Healthy Start Coalition Baby Basics Program - Partners for a Healthy Baby
- Increased funding for Project L.I.F.T.
Making a Difference from the Beginning

1,110 newborn babies and 1,064 adults received a BRAIN Visit from Helping People Succeed. Building Readiness Among Infants Now is offered in partnership with Martin Health System.

Every child born in Martin County receives a home visit from a Martin Health System hospital nurse, which includes:
- Mother/Baby Assessment
- Breastfeeding support and education
- Immunization schedule
- Home safety information

The nurse can address parents questions related to the baby’s care, including bathing, feeding, sterilization techniques and postnatal changes.

When the infant is two months of age, the family receives a second home visit from Helping People Succeed, which includes:
- Developmental tools for parents and baby
- Information on brain development and the importance of nurturing during the first years of life
- The Ages and Stages Development Monitoring System
- Information about community resources for parent and their baby

511 women received prenatal care through the Martin County Healthy Start Coalition. Early and regular prenatal care helps keep expecting mothers and their babies healthy. Babies of mothers who do not get prenatal care are three times more likely to have a low birth weight and five times more likely to die than those born to mothers who do get care.

Doctors can spot and treat health problems early when they see mothers regularly. Early treatment can address many problems and prevent others. Doctors also can talk to pregnant women about things that they can do to give their unborn babies a healthy start to life.

Every Baby Deserves a Healthy Start!

Making a Difference in a Child’s Safety

SPLASH provides 350 children with water safety and entry-level swim lessons.
Swimming Provides Learners with Aquatics Safety & Health.

According the Florida Department of Health, Florida loses more children under the age of 5 to drowning, then any other state. Since 2012, over 1,000 Martin County children have participated in SPLASH and learned valuable life saving, water safety skills.

Any child living in Martin County, ages 6 months to 17 years of age, who qualifies for free or reduced lunch cost at school or is enrolled in Florida Kid Care (Medicaid) qualifies to participate in SPLASH.
Making a Difference in a Child’s Education

2,354 children participated in after-school programs.

After-school programs enhance children’s academic achievement; supports their social development and their relationships with adults and peers; and provides a safe and secure environment.

Research shows that quality after-school programs can lessen risky behaviors, such as drug, alcohol, and tobacco use, by providing young people with positive and healthy alternatives. The after-school hours are the time that students are most likely to experiment with drugs, alcohol, and tobacco and engage in other unsafe or dangerous behaviors. When children have a place to go that is staffed by caring adults, they are much less likely to engage in this kind of unhealthy behavior.

300 PARTICIPATED IN SUMMER SLIDE PREVENTION PROGRAM

Summer Slide is the learning loss that occurs in students during their summer break. Children’s Services Council of Martin County has partnered with three local funding organizations and several service providers to help prevent the summer slide.

Funding Partners
• The United Way of Martin County
• Martin County Community Foundation
• Community Foundation for Palm Beach and Martin Counties

Service Providers
• Big Brothers Big Sisters of Palm Beach and Martin Counties
• Boys and Girls Clubs of Martin County
• City of Stuart
• Martin County Parks and Recreation
• Martin County School District
• YMCA of the Treasure Coast

The Summer Slide Prevention Program provides instruction to struggling readers who are completing 1st or 2nd grade to maintain or improve their reading skills. The program is offered at multiple community sites and consists of: 1) small group instruction by certified elementary school teachers, 2) computer and instruction, and 3) independent reading activities.

Making a Difference in a Child’s Health

21 teens served through Project L.I.F.T.

Project L.I.F.T. helps youth who are struggling with drug and alcohol abuse. Through intensive substance abuse treatment, Project L.I.F.T. works to provide an innovative experience utilizing the skilled trades to change the course of the youth’s life. Project L.I.F.T. helps troubled teens make a new start and make positive changes in their lives.

1,111 children served through Tykes & Teens.

Tykes & Teens helps children and adolescents overcome a variety of challenges including depression, anxiety, behavioral issues, sexual abuse, domestic violence and substance abuse. Through their partnership with the Martin County School District and the Children’s Services Council of Martin County, Tykes & Teens provides on-site counseling at 13 schools and alcohol and drug prevention in all Martin County Middle Schools.
Martin Reads!

Martin Reads! is a community-wide initiative to increase Grade Level Reading. Reading at grade level by the time a student reaches 3rd grade is extremely important because before 3rd grade, we learn to read, and after 3rd grade we read to learn. Research tells us that reading proficiently by the end of 3rd grade is a key indicator for high school graduation and college enrollment.

The 2015/16 FSA reports indicate that 46% of 3rd grade students in Martin County are not reading at grade level. In order to address the growing needs in Martin County, the Shared Services Network created a Planning Committee comprised of community leaders from local funders, private and non-profit organizations, and government agencies to develop the local Community Solutions Action Plan; Martin Reads! The committee strives to engage the community, including students, parents, community leaders, faith-based leaders, funders, business leaders and service providers to actively engage in the Martin Reads! initiative.

TIPS

- Start early—reading to infants is great one-on-one time!
- Talk, talk, talk to build vocabulary
- Read aloud 15 minutes a day
- Create a reading space
- Limit screen time
- Take turns reading—"I read to you; you read to me."
- Read the same book more than once—this helps children read more quickly and accurately.
- Play word games
- Ask questions about their story
- Be patient
- Talk about what you are reading
- Make reading FUN!
Making a Difference One Child at a Time Since 1988

101 S.E. Central Parkway
Stuart, FL 34994

(772) 288-5758

www.cscmc.org • www.facebook.com/cscmc

Council meetings are held at 10 a.m. on the fourth Monday of the month. We welcome public participation!