## 2020-2021 Program Guide

Our Mission is to enhance the lives of the children of Martin County and to enable them to attain their full potential. WWW.CSCMC.org





#### **Children's Services Council of Martin County**

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# **Funding Priorities**



#### Maternal and Child Health

Maternal and Child Health programs help ensure that every baby is born healthy and remains healthy.

#### Mental Health and Substance Abuse Prevention

Mental Health programs help children manage painful emotions, improve mood, lower anxiety, develop positive relationships, and increase resilience.

#### Physical Health

Children develop healthy habits that promote better health as well as improved learning.



#### Injury Prevention

These programs help to ensure that Martin County is a safe place to live. Entry-level swimming lessons, parent water safety classes, and domestic violence education are examples.

#### **Delinquency Prevention**

Youth who are at-risk or who have committed a crime are redirected through these programs to help ensure that they do not have deeper involvement with the juvenile justice system.

#### **MISSION**

The Children's Services Council of Martin County, an independent special district, was created by voter referendum in 1988 and reauthorized in 2014 to provide a dedicated funding source for local children's programs. The Council funds programs that provide a healthy foundation for children, create strong, supportive families, foster a safe community and offer children opportunities for success in school and life. Learn more at www.cscmc.org.





#### Information and Navigation

We improve the lives of families by connecting them to a wide range of community resources.

#### Family Strengthening

Families overcome obstacles and build support systems through programs that provide education, counseling, and skill building. These programs also serve to prevent child abuse and neglect.



#### Early Learning & Development

Investing in early childhood language and literacy ensures that children start kindergarten ready to learn, read, and succeed.

#### Youth Development/Academic Support

Afternoons and summers can be a vulnerable time for at-risk youth. These programs are designed to keep youth safe with engagement in social, educational, and structured activities.





# **Program Guide**



### FLORIDA DEPARTMENT OF HEALTH - MARTIN COUNTY

**Breastfeeding Coordinator Program** utilizes a Lactation Specialist to assist low-income women in their efforts to initiate and sustain breastfeeding.

Preventive Dental Program provides preventative oral health care and education to children in grades 2, 3, and 5 as well as early learning centers.

School Health Program provides four Community Health Nurses and one Health Support Specialist to work in Martin County Schools promoting student health through prevention, early intervention and referrals for acute or chronic health problems.

772-221-4000 · martin.floridahealth.gov

### HELPING PEOPLE SUCCEED & CLEVELAND CLINIC MARTIN HEALTH

Building Readiness Among Infants Now (BRAIN) serves every family with a newborn baby. Professionals provide in-home parent/baby visits including basic baby care, breastfeeding support, health and safety information, and parent education.

772-320-0770 · hpsfl.org

#### **HOUSE OF HOPE**

Gardening to Grow Healthy Children offers children hands-on gardening experience. The children participate in the creation, planting, tending, harvesting, and consumption of fresh vegetables, herbs, and fruit from the community gardens.

772-286-4673 · hohmartin.org

#### LIGHT OF THE WORLD CHARITIES

Little Lights Dentistry Program provides lowincome children, ages 3-18, with a dental home. Services include oral examinations, x-rays, cleaning, and treatment of oral health conditions.

772-223-9784 · lightoftheworldcharities.org

#### MARTIN COUNTY HEALTHY START COALITION

Healthy Start Services focuses on increasing early entry into prenatal care, health education, prenatal nutrition counseling, and prenatal care for the uninsured. Services are provided at the Prenatal Outreach Center, Florida Community Health Center, and client homes.

**Nurse Family Partnership** offers home visits from registered nurses for low-income, first time mothers.

772-463-2888 · mchealthystart.org

#### PROJECT L.I.F.T.

Project L.I.F.T. (Life Initiatives For Teens) serves teens, who have been affected by trauma or with substance abuse issues, by providing mental health counseling along with occupational skill development and positive adult mentoring.

772-221-2244 · projectliftmc.com

### SICKLE CELL FOUNDATION OF PALM BEACH & TREASURE COAST

Communities Saving Our Babies recruits members from targeted communities with the highest black infant mortality rates to attend a series of classes to improve birth and health outcomes.

561-833-3113 · sicklecellpbc.org

#### **TYKES & TEENS**

General Mental Health Program provides affordable mental health services to youth throughout Martin County and within the Martin County School District. These services address a wide range of mental health needs including behavioral issues, anxiety, depression, and adjustment issues.

Little Tykes is an infant mental health program that focuses on the relationship between the child and their primary caregiver(s).

**Prevention Services** works to reduce underage drinking and other risky behaviors among youth.

Youth Enrichment Services (YES) gives teens and adolescents who are struggling with alcohol, drugs, or dangerous behaviors the chance to make long-term change.

772-220-3439 · tykesandteens.org



#### **BOYS AND GIRLS CLUBS OF MARTIN COUNTY**

The HERO Challenge (Helping Each Other Realize Opportunities) is a program that combines oneon-one and group mentoring for at-risk youth, particularly in communities with gang recruitment.

772-545-1255 • bgcmartin.org

### CHILDREN'S SERVICES COUNCIL OF MARTIN COUNTY

S.P.L.A.S.H. (Swimming Provides Learners with Aquatics Safety and Health) provides free, entry-level swimming instruction for economically disadvantaged Martin County children between 6 months and 17 years of age. The lessons are provided at Sailfish Splash Waterpark and YMCA of Treasure Coast in Stuart and Indiantown.

772-288-5758 · cscmc.org

### CITY OF STUART COMMUNITY SERVICES DEPARTMENT

City of Stuart Police Youth Intervention Program has two components: First Offender Diversion Program and Gang Prevention. These programs provide intervention for children most at risk for becoming involved in crime and substance abuse.

772-288-5300 · cityofstuart.us

#### **TYKES & TEENS**

ALTOSS (Alternative To Out-of-School Suspension) provides middle and high school students a safe learning environment, counseling, and support when suspended by Martin County Schools.

772-220-3439 · tykesandteens.org

#### SAFESPACE

SafeSpace Prevention Program provides teens with the skills and knowledge to build healthy relationships and prevent them from becoming a victim or perpetrator of dating or domestic violence.

772-223-2399 • Crisis Hotline: 800-500-1119 • safespacefl.org



#### 211 PALM BEACH & TREASURE COAST

**2-1-1 Helpline** is a community helpline/crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages. 211 also provides crisis intervention via text messaging to 898211.

211 Helpline • 211treasurecoast.org

#### **BOYS TOWN SOUTH FLORIDA**

**In-Home Family Services Program** works to reduce risk factors that contribute to child abuse and neglect while increasing family protective factors. These services are designed to improve family functioning and resiliency.

772-249-5105 · boystown.org

#### **HELPING PEOPLE SUCCEED**

Healthy Families provides a voluntary, inhome visiting service to families at risk for abuse and neglect, promote positive parent-child relationships and healthy growth and development for children ages 0-5.

772-320-0770 • hpsfl.org

#### MARTIN COUNTY HEALTHY START COALITION

David Cardno Father & Child Resource Center provides education and support for fathers to enable them to become more actively involved parents.

772-463-2888 · mchealthystart.org

#### TREASURE COAST FOOD BANK

Whole Child Connection provides access, information, assessment and referrals to community services through an internet-based system of care.

772-463-2168 · stophunger.org



#### **OUT-OF-SCHOOL TIME PROGRAMS**

#### THE ARC OF MARTIN COUNTY

ABLE (Alternative Behavioral Learning Environment) provides a learning environment for children and adolescents with developmental disabilities.

772-283-2525 · arcmc.org

#### THE BANNER LAKE CLUB

B.L.A.S.T. (Banner Lake After School Time) is an outof-school program for the children in the Banner Lake Community that provides recreation, arts and culture, leisure, and educational programming.

772-545-0953 · thebannerlakeclub.org

### BIG BROTHERS BIG SISTERS OF PALM BEACH & MARTIN COUNTIES

**School to Work** is a unique program that integrates mentoring and career exploration through paid internships and instructs high school youth on pathways to college or post-secondary education.

**Start Something** provides at-risk children, ages 6-17, with screened and trained volunteer mentors who are matched with a child to serve as positive role models.

772-283-8373 · mentorbig.org

#### **BOYS & GIRLS CLUBS OF MARTIN COUNTY**

K-8 Academic Success deploys 50 AmeriCorps Members into 10 Martin County schools to improve educational outcomes for youth in grades K-8. The AmeriCorp Members deliver literacy interventions to elementary students who are performing below grade level in English Language Arts and provide mentoring/intervention services to middle school students at risk of dropping out of school.

**Optimal Club Experience** provides comprehensive out-of-school services to help youth, ages 6-18, perform better in school and foster better relationships with parents.

Club locations include Hobe Sound, Indiantown, Palm City and Port Salerno.

772-545-1255 · bgcmartin.org

#### **PRIME TIME**

#### Martin County Out-of-School Time Quality Improvement Initiative

Prime Time provides resources and supports for out-of-school time professionals to develop programs that inspire children to be their best and allow them to thrive socially and academically. Prime Time's integrated model of services is one of the strongest, most comprehensive and well-respected systems for measuring and improving out-of-school time program quality in the nation.

#### CAREER SOURCE OF RESEARCH COAST

Summer of Success is an innovative six-week work-readiness training program for youth, ages 16-18, that reside in Martin County. The program consists of soft skills training and work-based learning through paid internships.

772-335-3030 · careersourcerc.com

### CITY OF STUART COMMUNITY SERVICES DEPARTMENT

East Stuart Youth Initiative (E.S.Y.I.) City of Stuart Parks and Recreation is an out-of-school, community-centered program that provides low-cost services to children, ages 6-17, residing in Martin County.

772-288-5300 · cityofstuart.us

### MARTIN COUNTY BOARD OF COUNTY COMMISSIONERS

The Martin County Parks and Recreation Department, through the Board of County Commissioners, provides a safe and supervised out-of-school program for children to learn through structured activities that promote learning in a fun and stimulating way.

Golden Gate: 772-288-5683 Jensen Beach: 772-334-1954 New Monrovia: 772-221-2338 X-treme Teen Center: 772-320-3161 martin.fl.us

### LEADERSHIP MARTIN COUNTY, ALUMNI FOUNDATION FOR YOUTH, INC.

Martin Youth LEADERship The Youth LEADERship program serves high school sophomores and juniors throughout Martin County and works to develop and enhance their leadership skills. Students must apply and approximately 35 are selected to participate in this comprehensive nine-month program that is modeled after LEADERship Martin County. Upon completion, these Leaders have learned about their community including history, government, business, arts and culture, criminal justice and the environment.

772-287-1088 · stuartmartinchamber.org

#### YMCA OF THE TREASURE COAST

**Out-of-School Time Program** serves children daily by offering a safe, nurturing out-of-school program where they can learn and thrive.

772-286-4444 • ymcatreasurecoast.org



#### **EASTER SEALS FLORIDA**

Treasure Coast Early Steps program provides early identification/intervention services to developmentally at-risk children from birth to age 3.

772-380-9972 • easterseals.com/florida/

#### **HELPING PEOPLE SUCCEED**

Children's Behavioral Support Program is an early childhood behavioral intervention program serving children ages 2-5, enrolled in licensed childcare/Martin County School District Head Start Programs and demonstrating difficult behaviors.

**Developmental Intervention Program** provides group and in-home parental education and developmental instruction to build family strengths and positive parent-child interaction.

Wee Talk campaign works with families and caregivers on the concepts of language and the importance of conversing with their baby every day, in an effort to close the word gap.

772-320-0770 • hpsfl.org

### EARLY LEARNING COALITION OF INDIAN RIVER, MARTIN AND OKEECHOBEE COUNTIES, INC.

Bridge to Continuity provides tuition assistance to families that no longer qualify for funding through the school readiness program. The Bridge provides additional assistance to families for three months to help provide continuity of care. School Readiness provides childcare tuition assistance for eligible families of children from birth to age 12.

772-220-1220 • elcirmo.org

# SUBSIDIZED CHILDCARE AND TUITION ASSISTANCE

### HOBE SOUND EARLY LEARNING CENTER DUNBAR EARLY LEARNING CENTER

**Tuition Assistance Program (TAP)** provides tuition assistance to families who do not qualify for funding through the school readiness program. With the assistance of this program, a family's fees will be based on their income and circumstances, helping to prepare their children to grow and learn in a safe, high quality environment.

Hobe Sound Early Learning Center 772-546-5462 hobesoundearlylearningcenter.org

Dunbar Early Learning Center
772-545-0808 dunbarearlylearningcenter.org

#### **TEMPLE BEIT HAYAM**

TAP (Tuition Assistance Program) provides tuition assistance to families who do not qualify for funding through the school readiness program. With the assistance of this program, a family's fees will be based on their income and circumstances, helping to enable their children to grow and learn in a safe, quality environment. This early learning center offers an inclusion program for children with disabilities.

772-286-1531 · tbhfl.org

